

## SC016 Health and Safety - Personal Protective Equipment (PPE)

### **Course Outline:**

The goal of this session is to improve personnel safety through appropriate use of Personal Protective Equipment (PPE). The objectives of this session are to provide information on the selection and use of PPE as well as demonstrate the various types and correct way to put on and remove the PPE.

This course is tailor made for the trainees present and the type of work they are regularly performing.

### **Who May Apply?**

Workers  
Employers  
Self Employed  
Health and Safety Representatives  
Management  
Supervisors  
Anyone required to wear PPE

### **Learning Objectives:**

- Definition
- Regulations and Recommendations
- Hierarchy of Health and Safety Controls
- Different types of PPE
- Dos and Don'ts
- Apply maintenance and safety controls to PPE
- FAQs

### **Course Structure:**

4 hours of Theory  
No Practical

### **Certification:**

An attendance certificate will be given to all attendees.

This does not have an expiry date however we suggest that a refresher course is taken to keep up-to-date with any changes mainly regarding regulations and practical guidelines.