

SC013 Health and Safety - Fork Lift Trucks - Safe Operation

Course Outline:

The course will endeavor to explain best practice methods of Fork Lift Truck operations. The theoretical aspects of the course are complimented by practical sessions during which basic truck operations are explained, with an emphasis on safe operation.

This course is intended for experienced or prospective FLT drivers

Who May Apply?

Employers

Workers

Self Employed

Health and Safety Representatives

Supervisors

Anyone that makes use of a Fork Lifer

Learning Objectives:

- Safety First
- Factors to consider before commencing work
- Factors to consider during execution of works
- Using trucks safely
- Capacity Charts
- Safety features and lock outs
- The center of gravity
- The operator's responsibility
- Routine inspections and repair
- Inspections by a competent person
- FLT Attachments
- Wire ropes – Care and maintenance
- A video on safe operation will presented and discussed
- Case studies involving accidents are discussed to warn participants against taking unnecessary risks

Course Structure:

12 hours:

3 sessions of 3 hours each on Theory

1 session of 3 hours as Practical

Certification:

An attendance certificate will be given to all attendees.

This does not have an expiry date however we suggest that a refresher course is taken to keep up-to-date with any changes mainly regarding regulations and practical guidelines.