

SC004 Health and Safety - Introduction to Health and Safety

Course Outline:

This Basic Health and Safety Course is directed at all levels of employment. It is important that everybody is informed and trained on best practice methods which make each work-place safer. Because health and safety at work is so important, there are rules which require all of us not to put ourselves or others in danger. The law is also there to protect the public from workplace dangers.

This course consists of a build up towards how health and safety was developed throughout the years, the difference between environment and occupation awareness and their regulations respectively; the importance of management approach and the coordination between management and workers.

Who May Apply?

Employers
Workers
Self-Employed
Health & Safety Representative
Supervisors
Management

Learning Objectives:

- Definition of Health and Safety
- History
- Regulations and Legal framework in Malta
- Legal obligations of Employer and Employee
- Management approach
- General Principles of Ergonomics, Manual Handling, Noise, Housekeeping, Signage, Emergency Procedures, Chemical Handling, Work Equipment
- FAQ's

Course Structure:

1 session of 4 hours Theory

Certification:

An attendance certificate will be given to all attendees.

This does not have an expiry date however we suggest that a refresher course is taken to keep up-to-date with any changes mainly regarding regulations and practical guidelines.