

SC001 First Aid – Primary and Secondary Care

Course Outline:

Every workplace must have a number of first aiders to assist other fellow workers and other personnel in case of an injury. This course is for those interested / assigned to act on behalf of the management as first aiders during working hours. This course is an understanding of the first aider role, the minimum requirements for first aid medical equipment and the first steps when dealing with an injured person.

Who May Apply?

Employers
Management
Workers
Self Employed
Housewives

Learning Objectives:

Part 1: Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise. Primary Care (CPR) skills taught in this course:

- Scene Safety Assessment Universal Precautions
- Communicable disease protection, including barrier use
- Primary Assessment rescue breathing cardiopulmonary
- Resuscitation (CPR) Conscious and Unconscious
- Obstructed airway management
- Serious bleeding management
- Shock management
- Spinal Injury management

Part 2: Emergency First Response Secondary Care (First Aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development and realistic scenario practice. Secondary skills taught in this course:

- Injury Assessment
- Illness Assessment
- Bandaging
- Splinting for dislocations and fractures

Course Structure:

12 hours; split into 3 sessions of 4 hours each
8 hours Theory, 4 hours Practical

Certification:

Certificate will be valid for 3 years covering attendance to the course as well as a qualified First Aider