

AT001

First Aid at workplaces

Course Outline

This course provides participants with a solid foundation in first aid, with an emphasis on prevention, practical skills, decision making and dealing with environmental conditions. Topics include accident scene management, group leadership, rescuer responsibility and liability, prevention of injuries, advanced first aid kits, wound management and managing the trauma victim.

Course Outcomes

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Course Structure

Total of 40 hours

Various Course Structure options made up of:

- Theory, and
- Practical

Self-Study

A reading list will be provided through handouts during the duration of the course.

Selection from;

- Oral Examination (30 minutes),
- Practical Examination (60 minutes) and
- Multiple Choice Examination (90minutes).

Entry Requirements

- Basic level of English (reading, understanding and spoken English)
- Basic knowledge of computer for research (MS Word and Internet Browsing)
- Basic numerical skills

Learning Objectives

At the end of this course the candidate would have acquired:

- A sound understanding of the roles, functions and responsibilities of a first aider
- Theoretical and practical competences on first aid equipment, including personal protection and how to use it safely.
- The ability to carry out incident reporting and scene survey
- The ability to correctly identify methods to manage an unresponsive casualty
- Knowledge on how to administer First Aid for a range of conditions
- Knowledge of the various types of lifting techniques
- The ability to determine which type of approach is needed to perform specific scene assessments and hazard considerations.
- The ability to perform correct first aid practices.
- The skills to determine the type of approach needed to properly apply first aid for all kind of injuries.
- Understanding on the importance of teamwork within an emergency team
- The key elements on how to cooperate with co-workers and health and safety representatives
- A sound knowledge of prioritising and organizing which are crucial in emergency situations



Certification

MQF Level 2 Accredited Certification by NCFHE

- No expiry date
- Refresher if there are changes in curriculum

Who May Apply

- Employers
- Management
- Workers
- Self-employed

Further information

Contact our training co-ordinator Ms. Yelenia Saliba

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Discounted prices for groups